ONE-THIRD

The portion of food produced in the United States that’s thrown away uneaten each year, according to a 2012 National Resources Defense Council report. That includes 2.7 million apples and about 22,000 pounds of tomatoes every 40 minutes. In honor of World Food Day, October 16, donate your own surplus to a food pantry and learn how to help the underserved at family-to-family.org.